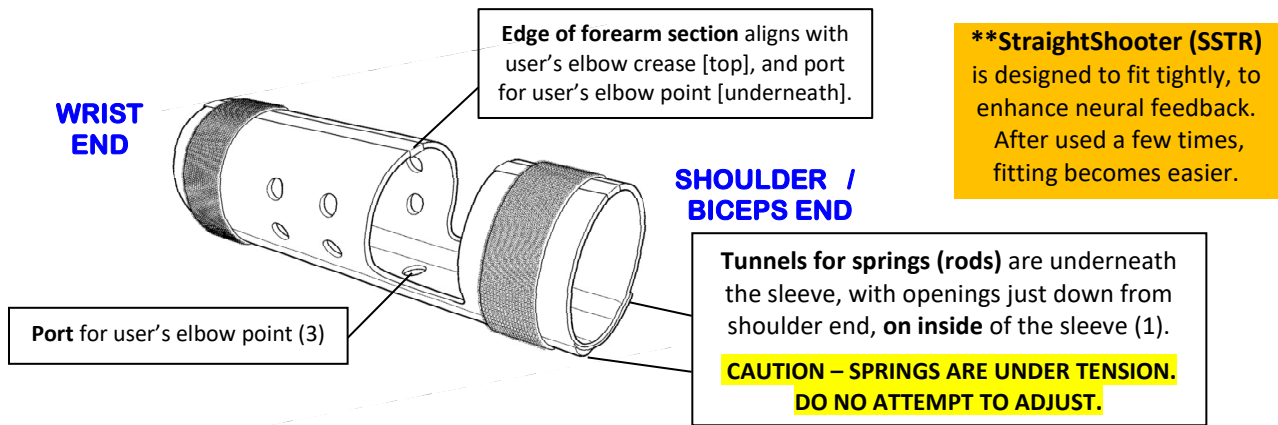


# PLEASE READ THESE INSTRUCTIONS FIRST BEFORE Fitting and Using **StraightShooter**



1. Ensure one flexible rod is inserted into each tunnel, which run lengthwise along the underside of the **StraightShooter (SSTR)** sleeve. Springs are inserted/removed from shoulder end. Insert points for respective springs are approx. 30mm from shoulder end, on the inside of the Sleeve (see below). **PLEASE REMEMBER - DO NOT ATTEMPT TO ADJUST SPRING TENSION.**
2. Loosen both Velcro straps to allow the sleeve to be slipped/pulled into recommended position on your lead-arm [viz. Left arm for Right-handers, and vice-versa for Left-handers].
3. Position **StraightShooter** so there are equal lengths of sleeve on either side of the elbow point. There is an elbow-locating port on the underside of the sleeve, where your elbow is supposed to rest.
4. The flexible, metal springs are designed to sit, one on either side of, and close to, the elbow point. Adjust the sleeve for the most comfortable position, utilising the thickness of the sleeve as padding around the elbow.
5. For right-handed golfers: Holding the sleeve in your right hand, with both rods below, insert your left hand, palm up, into the sleeve. Pull the forearm/upper arm sections along your lead-arm until you can bend the forearm at the elbow joint and feel your elbow point through the elbow-locating-port (NB. fitting the sleeve is like any new skill/task and will become easier once you have fitted it a few times).
6. Once you believe the **StraightShooter** sleeve (including springs) is in the correct position, tighten each Velcro strap enough to prevent the shoulder end and wrist end of each rod from lifting away from your arm. Ideally, each rod should be strapped against the arm, and remain there whilst the sleeve is being worn.
7. Take a few practice swings to make sure the **StraightShooter** sleeve is comfortable AND that the springs are in the best position for you around your elbow point. Some **StraightShooter** users like to relax the Velcro straps between shots, and then before taking the next shot, check the position of their elbow point, then re-tighten the straps.
8. **PRACTICE IDEAS:** Some users, even before a comp round, are hitting balls at their practice facility with SSTR on, and then removing it before playing their round. Some do the same with their social golf – play a few holes with SSTR on, then with it off, see what effect it is having. Otherwise, play 9, 18 Holes with SSTR on, then notice any difference next round.
9. **CLEANING:** Regularly remove both rods and wash the sleeve (only) in warm soapy water, ensuring the sleeve is completely dry before re-inserting the metal rods.

## ATTENTION:

StraightShooter has been designed for a specific use and should not be used for any purpose except as outlined under the terms and conditions of its use. In no event shall Simplified Sports be liable for any direct, indirect, punitive, incidental, special consequential damages, to property or life, whatsoever arising out of, or connected with, the misuse of this product.



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